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106. The Alphabet and Area Have you ever wondered which of the letters in the alphabet is the most popular? No? The box shown here is called a typecase, or printer's tray. It was used in early typesetting to store the letters that would be used to lay out a page of type. Use the box to answer the questions below.



- a. What letter is used most often in printed material?
- **b.** Which letter is printed more often, the letter i or the letter f?
- c. What is the relationship between area and how often a letter in the alphabet is printed?



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Exercise and Calories The table below is an extension of the table we used in Example 10 of this section. It gives the amount of energy expended during 1 hour of various activities for people of different weights. The accompanying figure is a nutrition label from a bag of Doritos tortilla chips. Use the information from the table and the nutrition label to answer Problems 107-112.

Nutrition Fa Serving Size 1 oz. (28 Servings Per Containe	g/About 13 chips)
Amount Per Serving	
Calories 140	Calories from Fat 60
	% Daily Value*
Total Fat 7g	10%
Saturated Fat 1g	6%
Cholesterol Omg	0%
Sodium 120mg	5%
Total Carbohydrate	18g <b>6%</b>
Dietary Fiber 1g	4%
Sugars 0g	
Protein 2g	
Vitamin A 0%	Vitamin C 0%
Calcium 4%	Iron 0%
*Percent Daily Values calorie diet	are based on a 2,000

Activity	120 Pounds	180 Pounds	
Bicycling	299	374	449
Bowling	212	265	318
Handball	544	680	816
Jazzercise	272	340	408
Jogging	544	680	816
Skiing	435	544	653

- 107. Suppose you weigh 180 pounds. How many calories would you burn if you play handball for 2 hours and then ride your bicycle for 1 hour?
- 108. How many calories are burned by a 120-lb (pound) person who jogs for 1 hour and then goes bike riding for 2 hours?
- 109. How many calories would you consume if you ate the entire bag of chips?
- 110. Approximately how many chips are in the bag?
- 111. If you weigh 180 pounds, will you burn off the calories consumed by eating 3 servings of tortilla chips if you ride your bike 1 hour?
- 112. If you weigh 120 pounds, will you burn off the calories consumed by eating 3 servings of tortilla chips if you ride your bike for 1 hour?

- 113. Water as a Resource According to the Environmental Protection Agency, it takes about 634 gallons of water to produce one hamburger. It takes about 63 gallons of water to produce a glass of milk. If a family had a meal of 6 hamburgers and 4 glasses of milk, about how much water was used to produce that meal?
- 114. Water as a Resource An average water faucet flows at a rate of 2 gallons per minute. If you spend 4 minutes each day brushing your teeth, you can save about 8 gallons of water every day by turning off the faucet while you brush. How much water could you save in a year (365 days)?
- 115. Smartphones and Data Usage With some smartphones, visiting 88 web pages a day will result in a monthly data usage of 1 GB (1 gigabyte). If Macon visited 88 web pages a day in July (31 days), how many total web pages did he visit that month?
- 116. Smartphones and Data Usage Audio streaming for some smartphones averages 60 MB (60 megabytes) per hour. Each digital photo download uses about 3 MB. If Gracie downloaded 74 photos and streamed 5 hours of music, what was her data usage?

## **Estimating**

Mentally estimate the answer to each of the following problems by rounding each number to the indicated place and then multiplying.

	hundred ten		hundred hundred		thousand hundred
	hundred hundred				